

**2012**

Sathya Sai Service Organisation

Republic of Ireland, Zone 9, Region 91

**SATHYA SAI NEWSLETTER  
MAR-APR 2012**

## Dear Devotees of Sathya Sai,

The following is a communication from Chairman Michael G. Goldstein, M.D.;

Dear Brothers & Sisters, Sai Ram,

Regarding the Sri Sathya Sai Organisation our beloved Swami said:

*"This is an Organisation dedicated to the promotion of Universal Love. All the Organisational units are being activated by One Divine Force. All are activated by One Principle. Resolve to identify it and experience it; then, the purpose of the Organisation is served."*

We were, we are, and we will always be a spiritual movement motivated, inspired and empowered by the embodiment of Divinity, our Beloved Bhagavan Sri Sathya Sai Baba. Our Beloved Swami will always be accessible to each and every one of us by virtue of His Presence, His Omnipresence, in the spiritual hearts of all people forever. Now is the most important time, the greatest test, and ultimately the greatest opportunity of a human lifetime. Now, He whom we have known in the world, awaits us in our spiritual hearts. He beckons to us to seek Him and find His selfless love.

Let us proceed!

Let us follow Him and find Him in our spiritual hearts by making use of the formulae for a spiritual life that He gave to us for all of life's pursuits: Love all - Serve all, Help ever

- Hurt never, and application of the 5 D's: Devotion, Determination, Dedication, Discipline and Discrimination.

In my last conversation with our Beloved Swami, He graciously gave Blessings and Approval to all of the proposals resulting from your deliberations at the World Conference IX. I subsequently sent to all of you a letter describing what He had Blessed and Approved. I am very happy to inform you that the work has begun!

Let us proceed!

Buddha Poonnima was celebrated in Prasanthi Nilayam on May 17th, primarily by countries from Zones 3, 4 and 5. The last count several weeks ago included 800 devotees in the pilgrimage.

The Young Adult World Conference, "Sai Ideal Leadership" will take place on July 13 and 14. Delegates will be selected among those young adults who have served in national and international organisation roles.

Enrolment will be similar to the procedure followed for the selection of delegates to World Conference IX of the International Sri Sathya Sai Organisation held last November. The International Young Adult Council will be sending out details for selection of delegates within one week after you receive this letter. The emphasis will be on the qualities and essence of a "Sai Ideal Leader". While skills and competence are helpful, nobility of character and spiritual awareness are essential.

The drafting of uniform international Guidelines for all Sai Organisations has commenced with the appointment of a committee of senior leaders in the Sai Organisation. Their deliberations are underway. The objective, as

approved by our Beloved Swami, is a set of guidelines for all International Sai Organisations that will define relationships and responsibilities, programs and practices, for all International Sai Organisations.

The plans and programs for study circles that will focus on the cultural relevance of our organisational programs and practices throughout the world in the context of Swami's Universal Spiritual Teachings have begun.

The plans and programs for public meeting that will bring Swami's Universal Spiritual Message of selfless love and service to all people is under deliberation.

We will persevere and fulfil all of the programs and proposals that our Beloved Swami Blessed and Approved.

For your information, I have attached a wonderful, uplifting article written by the former President of India, Dr. APJ Abdul Kalam. He has described so poignantly the scope and significance of the great humanitarian institutions established by our Beloved Swami for the welfare of the people. Let us emulate and support these monumental works of our Beloved Swami.

We will proceed in carrying out the programs that our Swami approved in His last instructions to us. We will succeed by acting properly, lovingly and selflessly. Certainly this will please our Beloved Swami, who lives in our spiritual hearts.

Our Beloved Swami came to be with us. He inspired and enlightened

us. He loved us as Divine Mother and Father. He always has and always will love us, guide us, and be present in our spiritual hearts. We must respond. Not emotion, nor mind, but rather our spiritual heart must be our guide, our mentor, our ruler, our very self. For only thus, can each of us experience the Divine Reality of His Pronouncement, "I am I". This is the sacred legacy of His sojourn among us. Let us abide by it. Let us cherish it. Let us realise it.

Lovingly in the Service of Sai.

*Michael Goldstein.*

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**Generations to come will scarce believe that such a one as this ever, in flesh and blood, walked upon this earth.**

-BABA.

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### **The Advent of Prema Sai**

With the passing of our Beloved Sathya Sai Baba, the focus is now on the Advent of Prema Sai Baba.

Our attention will be drawn away from the village of Puttaparthi, long time the residence of Sri Sathya Sai Baba, and on to the little-known sleepy village of Doddamallur, just 90 km from Bengaluru, which is not without its own great history, for this was where Lord Rama prayed prior to setting out to Lanka, to battle with Ravana.

Earlier, it had been assumed that Prema Sai would be born in a village called Gunaparthi, near Mandya, but it now appears that Doddamallur will be the place where Swami will

"officially" reincarnate - and this has put the inhabitants of that village into a frenzy of excitement, for they are aware of the enormity of this event.

Sathya Sai Baba has, during one of His discourses, confirmed it as the place for the last incarnation of Sai Baba.

This was also documented in a book by a lady called Kannamma, herself a great devotee of Sathya Sai Baba.

Great attention is now on Doddamallur, notwithstanding the fact that Swami had dispatched a team of about 700 Sai members to Doddamallur, to the amazement of the villagers. This group went straight to the temple and performed pujas for nearly ten hours. The temple trust Chairman Venu, confirmed this.

It is understood that no date for the birth of Prema Sai Baba, has been specified.

It was during a discourse back in 1963, that Swami stated, *"Shiva said that they (Shiva and Shakti) would take human form and be born in the Bharadwaja lineage, thrice: Siva alone as Shirdi Sai, Shiva and Shakti together at Puttaparthi as Sathya Sai, and Shakthi alone as Prema Sai later."*

Some years later, Swami elaborated on this message and the mission of Prema Sai. *"Prema Sai, the third avatar will promote the evangel news that not only does God reside in everybody, but everybody is God. That will be the final wisdom which will enable every man and woman to go to God. The three avatars (Shirdi Sai,*

*Sathya Sai, Prema Sai Baba) carry the triple message of work, worship and wisdom."*

Swami further clarified the confusion by stating, *"They, (the three Sai avatars) are not separate. I have already mentioned the complete oneness of the three in the final objective of the mission..."*

*"Their tasks and powers requisite to them differ according to the time, the situation and the environment. But they belong to, and derive from, one and the same dharma swarup or divine body."*

In the early 1990's during a talk to students, Swami told them that, *"The father of his next incarnation, as Prema Sai, has been born in the southern Indian state of Karnataka."* He also said that the body of Prema Sai was in the process of being formed. It was also said that Prof. Kasthuri will be the mother of Prema Sai who is now already reborn.

A most interesting fact is that Prema Sai's roles will be that of a husband and a father! It is said, at a certain time, Prema Sai will be married and be the father to one boy!

*(I am unable to authenticate this. Ed.)*

Prema Sai Baba is said to complete the mission of the Sai avatar, to end this age of darkness and to usher in the Golden Age of mankind. Around 2105, incarnation will finish with Prema Sai, who will then be 86 years old, and will enter into mahasamadhi.

It was in 2004 that Prof. Anantaraman spoke of an experience

with Howard Murphet and Sai Baba. "Howard then asked what work would Prema Sai do?" Swami said, "He will have plenty of work. Prema Sai will elevate human consciousness to divine heights. Not only will there be a lot of work, but He will need a lot of help."

James Sinclair, in 2005, described a series of dreams that "went on for years. I saw myself walking up a hill, led by three men in the darkness of night. One was an old man in white. One looked somewhat like Jesus Christ. The one in the middle had an orange robe." Fifteen years later, he describes finding a book about Sai Baba, and seeing His appearance, "recognised that the recurring dream had been of Shirdi Sai, Sathya Sai and Prema Sai, walking up a hill night after night, for many years."

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**If we protect truth,  
truth, in turn, protects us.**  
-BABA.

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### **Baba's Miracle Saves Twins.**

An old man, sitting for Darshan, got up suddenly as Swami came towards him. "Baba, my daughter-in-law is not well. She is pregnant and doctors are saying one of the two will survive. Please save her and the child."

Standing before him, Swami said, "Ek nahi -Do hain (not one, two are there). Don't worry, Baba will save all." The man left leaving everything in the Divine Hands.

The following day, Baba gave a dream to the man's son and also to

the daughter-in-law saying, "Worry not. Baba has taken up your case. Your operation will be done but don't go to any hospital."

After giving thanks to Swami for His Grace, the next morning, after bhajans, they placed a letter at Swami's photograph, agreeing to follow His command.

The following day Swami appeared in the mother-to-be's dream, dressed in a doctor's uniform, materialised all the surgical instruments and proceeded to operate on her. Speaking to her as He operated, Swami said, "Now I will start operating... now the child is going to be delivered..." and so on and so forth.

Once the operation was completed, Swami showed her both children in the dream, snapped His fingers and said, "Delivery over. Now get up." The woman woke up from the dream to find the two cute twins by her side and a letter in one of the children's hands, in which Swami suggested the names of the children and ended it signing - "With love, Sai Baba!"

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**Treat everyone as your own people  
and even if you cannot do them any  
good desist from causing them any  
injury.**

**Prema makes you humble; it  
makes you bend and bow when you  
see greatness and glory. An  
unbending person is infected with  
egoism of the worse type.**

-BABA (1958)

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## The Divine Prema Lingam

"Last summer I went on a pilgrimage to some holy places up north," related a man named Rouf (pronounced 'Roof'), who owns one of the shops near Baba's ashram and he told me he'd had a "Baba dream" about me, and that he had something to give me. He continued, "...including the Amarnath Cave in the Himalayas, which is closed eight months a year, from snow - no way to get in. And in this cave - you've heard of it? There's this naturally formed Lingam, a high one, made of ice. Shiva and Parvati actually lived in this cave - one of the holiest shrines in India. So I'm sitting outside this cave, and suddenly these two white birds... what are they called?... doves. Two doves flew out of the cave, and as they flew over my head, one of them dropped something in my lap. And in that moment, I heard, *"This is for Ram Das."*

"Wait, you heard that inside, from God? Or from the bird?"

"Yes, yes," he replied, "The bird."

Rouf reached down unwrapped a small package, and then held up the precious object - a radiant red Lingam.

"Ruby!" he said. "A ruby Lingam."

"A Prema Lingam!" I replied, awed at the beautiful cosmic egg, God had given me.

"Yes." Rouf held it up to the light and smiled. "But the problem was," he continued, "I didn't know who is this Ram Das. I had forgot your name. So I prayed for two weeks,

every day, "Baba, who is this Lingam for? Who is this Ram Das?"

Finally, one night Baba came in a dream. He showed me you, and said, *"This is Ram Das. Give it to him."*

Rouf handed me the Lingam, which fit beautifully in the palm of my hand. I was speechless - what a bizarre story! What an amazing Leela - what a gift!

I held the sacred object to my chest, drawing in its energy, and then said, "You know, Rouf, there's another interesting aspect to this. In the book I'm working on, there's a ladder of concepts you can climb to reach the Truth. Once you climb it, you then step off the ladder onto the Roof - the Supreme Reality, where no mind exists, where no concepts can ever reach. So in my book, the word 'Roof' is equated with the Supreme Being. And this gift has come to me from the 'Roof'!

God bless Rouf for passing the Lingam on to me, without the slightest hint of request for payment of any kind. May he ever live up to his high name!

Clearly, Sai Baba stops at nothing to express His love for His devotees... Is it not obvious, He is an incarnation of God?

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**Love is present not only in human beings but also in all creatures, birds and beasts.**

**Nor is that all.**

**It is in fact all pervasive. Love pervades everything in creation.**

**Man's humanness is vitiated when he fails to recognise this love.**

-BABA.

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**ANGER: cause and cure**

The Geetha graphically describes the chain which has anger as a link. "When man dwells in his mind on the objects of sense, he develops attachment for them. Attachment gives rise to desire and desire breeds anger. From anger emerges delusion, from delusion recollection is lost, from the loss of recollection, understanding is ruined and as a consequence of the ruin of understanding, man perishes."

Spiritual unfolding requires the elimination of anger; this means that the other link in the chain, desire, must also be eliminated!

Baba said, "*Intolerance is the product of anger, hate and envy.*" He advises, "*Try your best to suppress the first appearance of anger. It does not come upon you unawares.*" Baba then describes the preliminary symptoms. "*The body becomes warm, the lips twitch, the eyes redden.*" If anything can be done at all to squash anger, it has to be done in the very beginning! Once it is inflamed, it is hard to extinguish it! So, Baba gives these simple remedies, "*... so when you get the intimation, drink a cup of cold water; sip it slowly. Close the door and lie in bed, until the seizure passes away.*"

These steps will certainly defuse the explosive. How can one get angry while lying prone in bed! Anger means vindictive action and so the body has to get tensed with

adrenalin flowing into the bloodstream!

For this Baba advises, "*Lie in bed and laugh at your own folly! This may appear difficult, but you have to practise it.*"

We have to recognise that we have been foolish and weak-minded. We usually justify our anger, but Baba warns, "*The consequence of your yielding to anger will be so disastrous that you will have to repent for them.*"

Baba said, "***Five minutes of anger damages the relationship of five generations, remember!***"

Swami said in another discourse, "*A person is angry because he is weak; he is a bully, because he is a coward. He utters lies because he is sure he deserves to be punished and he is too weak to welcome it gladly.*"

An angry man is not necessarily a courageous man! He is a slave of his impulses.

Baba's advice to the victim of anger is: "*Recognise the enemy before he pounces on you and control him. Eliminate him by eliminating the Ego! Anger is the pungent vapour arising from your own demonic Ahamkaar! (Egoism)*"

Source: *The Greatest Adventure*, by Dr. Murthy.

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**The God of Hunting!**

A German devotee came upon an exclusive reserve of the Lepcha tribe, writes Kadapa Mannar, while trekking in Dzongu in Northern Sikkim, and he came upon a group of these people seated around a

campfire singing folksongs and sipping swigs of chang - a country brew. What flabbergasted him was a mural painting known as Thangka that depicted Sathya Sai Baba wearing a Tibetan robe, bearing mongoloid features and seated on a throne. He learnt from the group that they regarded the persona on the Thangka, gifted to them by a fakir, as their native God of hunting!

Another item, Mannar referred to, was of a Lieutenant Colonel of the Indian Army, on a peace keeping mission in war-torn Jaffna, in Sri Lanka, who had a last minute 'intuition', a tiny call from within, to stop the bomb-raiding of a house that was suspected to be used as a hideout for the Tigers. Instead, he asked his men to cover his flanks as he went alone into the house. As he kicked open the front door, he was taken aback by the neatly-framed, life size photo, of Swami adorning the opposite wall!

Hearing some shuffling noise coming from the adjoining room, he threw caution to the winds, and ran into the room only to find fourteen petrified little children huddled together.

These fortunate children were rescued and later sent for rehabilitation.

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**You are My very own, dearer than dear to Me. I will protect you like the eyelids protect the eyes.**

**You already have Me and I have you.**

**I will never leave you and you will never leave Me.**

**From this point on, do not harken after anything.**

**Do your duty with unwavering love, seeing all as God.**

-BABA.

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**Swami has stated**, an important reference to the role of animals within our world that is well-worth heeding when we relate to the animal kingdom.

So many people gifted dogs and cats to their children at Christmas time, only to "off-load" them when they grew bigger or when the children get "bored" with them, or when the pets grew old and slow. Many are transported to the countryside and turned loose, to fend for themselves which they were never taught to do in their younger days. This is such a sad, uncaring thing to do to animals that gave love and joy to the family.

Swami said that animals matter because: *"There is only one royal road for the spiritual journey... Love, love, love for ALL beings as manifestations of the SAME DIVINITY that is the very core of oneself."*

It has been stated that the Atma, which flows through us humans, also flows through animals. Our treatment of them matters because what we do to them comes back full circle upon us, the human kingdom.

While our abuse and exploitation of animals continues on the grand scale that it does, mankind will never know peace.

Animals Matter!



Sharing the world with a host of animals, of varying species, can be a wondrous experience. There is a great deal that humanity can learn from them, notwithstanding the love they express towards each other.

There are those humans who only see the violence of one species towards another, but in truth man can learn a great deal from animals.

Swami has stated this at one of His question and answer sessions; *"Why should you argue that animals, beasts and birds, are bad? Each is treading its own dharma. It does not overstep or undermine. They have greater cooperation and mutual love than even men. Each has to be judged from the point of view of the equipment and the opportunity. Man can live better if he learns from the animals. He is degrading himself even lower. When the Lord incarnates, He has as one of His tasks the protection of sadhus, of beings with quiet, innocent natures. Among animals are countless sadhus, remember."*

Man seems to have ignored, or sadly forgotten, that he has evolved from the animal state, commencing with sea life, and evolving from there to land animals of so many types.

*"Animals matter because among them are some remarkable and beautiful souls, perhaps old souls of the animal kingdom. One only has to have eyes to see this."*

From our own household pets, we can see the almost human response to our commands and actions, because they are sentient beings just like ourselves. Although they cannot speak in our human language, this does not mean that they are

automatons with no feelings, whereas the reverse is the case, despite what some scientific and philosophic thinking claimed for a very long time.

Animals feel a range of emotions like joy, love, fear, sorrow, anxiety and can demonstrate humour. Even a bull, it is said, has been known to grieve at the death of his owner!

Animals matter because many of them are full of love with a capital "L".

Swami tells us of His experience while on His visit to the African continent.

*"I was really moved by their love and affection. I could not come out of that place. Such intense love is not to be found even among human beings today. The humans hate one another... I could witness an intense, unparalleled love and equality in those animals."*

Swami has made an important statement when He said that the same Atma which flows through us, also flows through animals. For as long as man continues the abuse and exploitation of animals, on the grand scale that he does, he will never know peace.

Swami said we are creating an enormous karma in our mistreatment of the animal kingdom, and further stated that during the times of Ancient Greece, in the 6th century B.C., Pythagorus, the mathematician and mystic philosopher stated something similar; "As long as men massacre animals, they will kill each other. Indeed he who sows the seed of

murder and pain cannot reap joy and love."

In conclusion, Sathya Sai Baba said the following; *"Love is present not only in human beings but also in all creatures, birds or beasts. Nor is that all. It is in fact all pervasive. Love pervades everything in creation. Man's humanness is vitiated when he fails to recognise this love."*

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**Old souls are like a piece of rock  
that is already nearly split;  
it just needs a gentle touch.  
Young souls are like a piece of  
concrete that needs twenty blows  
with a sledge hammer.**

-BABA.

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A Divine Message in a Simple  
Manner

During Swam's 65th Birthday celebrations, a medical camp was arranged by Him in the ground floor of the old hostel (adjacent to East Prashanthi). This camp was exclusively for Swami's students.

Swami was telling the students in the old Mandir Portico, *"You know, they have machines and doctors there who will check everything in our body - blood, BP, heart, kidney."* He then added, *"Of course, they do not have anything to check your mind."*

As everyone burst out laughing loudly, He gently whispered, *"That only this Sai Baba can do."*

One of the most Powerful Messages told in the simplest manner.

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**Be patient. In time, everything  
will be given to you. Be happy!**

**There is no need to worry about  
anything.**

**Whatever is experienced,  
whatever happens, know that this  
Avatar willed it so.**

-BABA,

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*The following is from Bhagavan's  
Discourse at the First All India  
Conference of Sri Sathya Sai Seva  
Organisations, Madras (Chennai) on  
21st April 1967.*

**A Word of Warning on Collecting  
and Spending Funds**

I do not like collecting of funds. But, since some expense has to be incurred, I have to allow it under very stringent conditions. Each organisation has as Members (of the Samithi) about ten or fifteen persons. Whatever expense they decide to incur for the work of the Samithi (organisation), they have to collect among themselves, without seeking help from those outside the circle. They have, of course, to contribute according to their capacity and limit the work to the resources they can pool among themselves.

Do not plan beyond your capacity and move about with lists from person to person to get funds. By this, the institution gets a bad name and you too will not be spared. You may say, "But when Swami comes to our place, we must spend a lot on reception arrangements". No, I do not need grand decorations, huge

pandals, arches, flags and such paraphernalia. I require only a mike to communicate My advice to the people. Even a chair is superfluous! I can talk standing. Spend sparingly for the minimum needs; do not involve yourselves in expensive luxury. I would like you to spend any extra money that you have for the feeding of the poor or for any similar beneficial objective.

Attempts are being made in many places to build Sathya Sai Mandirs (halls of worship). But Sathya Sai will be happy if He is installed in your hearts; that is the Mandir I like, not those. When you seek to build that other Mandir, you have to go about seeking donations. Religion has declined in this land due to this donation-seeking and donation-granting. Really speaking, the most precious donation is a pure mind; give that to the organisation and it will shine.

I shall tell you a method by which the extra funds you may need for any undertaking the Samithi has in view are to be collected. Estimate beforehand what the expense will be. Suppose it comes to a thousand rupees, give that information to the fifteen members, and fix a day when they shall all meet. That day, keep a locked box with a slit on the lid, in an inner room; let everyone go in alone into the room and deposit in the box whatever he feels he can. He can come away without depositing anything; he has the freedom to do so, there is no compulsion.

If funds are collected with the knowledge of the rest, a person who is unable to give as much as another may feel humiliated. So, this is the best method. When all have finished

their turn, let the box be opened and the amount counted. If it falls short of the estimate, divide the shortfall among all members equally and collect the share from each. If there is some surplus, keep it for the next occasion.

Do not have lists, appeals, receipt books and all the cumbrous complex of fund collection campaigns. That way will lead you to stratagems and falsehoods, competition and calumny. Do it in sacred manner, suited to the holy objectives you have.

Some delegates suggested that sub-committees be formed and recognised. But that will increase the number and so give room for more mistakes. Let the responsibility be on a few dedicated persons. The District President must see that small associations in the villages are given proper guidance and help to carry out the task undertaken by them, and send to those villages' exponents of Vedic culture in order to instruct and inspire them. Attempts should also be made to spread spiritual knowledge and instil yearning for spiritual Sadhana in students and youth.

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**Two people come together  
because of their past karmic debt  
owing to each other.**

**Once the obligations are fulfilled  
and the debts are mutually  
cancelled, they will be separated  
by the natural occurrence of  
death.**

**Death is a natural act.**

**Divorce and separation are unnatural acts. They are man-made, and not God-made.**

**If two people decide to separate, they will be doing so while the karmic debt between them still exists.**

**This debt will have to be repaid as it is the law of karma.**

**So, it will be carried over to the next birth, when the two people will have to work off the mutual death and cancel it completely.**

-BABA.

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**Q. & A.**

**Q.** Swamiji, a disciple should never say to God, "You are mine," is that correct?

**A.** *Yes, I will explain this connection in detail by an example, which Swami has often given on previous occasions: The waves on the surface of an ocean have no independent existence of their own. They cannot exist if the ocean is not there, but the ocean will continue to exist if the waves are not there. The waves have to depend on the existence of the ocean for their own existence but the ocean is independent of the waves. This has to be clearly understood. Now a wave can say, "I belong to You" because it cannot exist without the ocean. But the ocean will never say, "I belong to You" because it can exist without the waves.*

*Therefore, the appropriate thing for a devotee to say to Swami is, "Lord, I am Yours." There is no point in his saying, "You are mine" because the Lord can exist independently of the*

*devotee. The individuals are like the waves and the Lord is comparable to the ocean. There is an inseparable connection between the two, also known as Avinabhava. If you say, "I am Yours", that is enough and appropriate. After that if you say to the Lord, "You are Mine", it is absolutely meaningless. You could say, "You are Mine", if I was separate from you, but since you and I are One, the question does not arise."*  
E.B. Fanibunda – 1976

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**The good that you do will guard you;**

**have that faith rooted in your mind.**

**Do not exult when your desire is fulfilled;**

**do not be dejected when it is not realised.**

**Faith must be built on stronger foundations.**

**Believing one moment and doubting the next,**

**is like living and dying alternately.**

**Faith is the very breath of Seva.**

-BABA (1974)

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*The Jesus Cave*

About an hour upstream from Rishikesh, in the Ganga Valley, nearing the Vashishtha Guha (cave), is where both Swami Rama Tirtha and Papa Ramdas of Kananghad, had visions of Jesus in meditation, in what is now known as the "Jesus

Cave", on the rocky banks of the Ganga.

It is not generally accepted that Jesus visited India, but Sai Baba had confirmed this. At the early age of 13 years, Jesus left home with His parents blessing and travelled to Sindh, Jagannath, Varanasi and finally to the Buddhist monastery in Kapilavastu in Nepal, the birthplace of Sakya-Muni Buddha. Sathya Sai Baba also confirmed that Jesus had journeyed as far as Malaysia, when He returned to India after He suffered the crucifixion. It appears Jesus had stayed in a number of places that are now hallowed by His presence, before He passed from this life in His mid 80's, and was placed in a tomb in Rosabal, Srinagar now called the Tomb of Isa, or the Tomb of Nabi, that had been constructed for Him by St. Thomas, His apostle.

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**Let your every deed (Karma) be  
suffused with love, humility,  
compassion and non-violence.**

-BABA

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### ***The Miraculous Lingam Water***

Robert Carter, in his talk given at the Stevenage Sai Centre, U.K., stated that Swami materialised a Lingam for him on 28th June 2001, and instructed him how to carry out daily worship to the Lingam which entailed saying prayers, mantras, whilst pouring water over the Lingam, and directed him to distribute the Holy Water to the sick and needy.

"I have now distributed well in excess of three thousand five hundred (3,500) bottles of Lingam water worldwide... I am just an instrument for Him."

Many cures have been the result of giving this water to the sick, i.e.: a lady with eczema all over her body, having been to many skin specialists for years, was cured within 14 days; two ladies with cysts on the womb, had them disappear after taking two bottles of water each; seven year old boy in a coma with brain tumour, given 3 days to live, was cured when his body was rubbed with the Lingam water.

These are just a few cases that have benefited from the water. As Carter stated, "It is all down to the blessings provided through the Lingam and the Lingam Water from our Beloved Swami - just another example of His Love and compassion for us all.

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**The Quran lays down that all men should cultivate the sense of unity, of interdependence, of selfless love and of the immanence of Divinity.**

**Generally, all men take food of some kind or other for the body five times a day - an early cup of coffee in bed, breakfast two hours later, a heavy lunch at noon, tea at four and a fat dinner at nine.**

**Islam prescribes food for the spiritual nature of man and directs that it be taken five times a day, as prayer.**

**For the arousal of the Atmic consciousness, for earning spiritual joy and for promoting**

**the manifestation of Atmic illumination, prayer is prescribed as many as five times a day, from the dawn of discretion up to the moment of death.**

-BABA.

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## **The Enigma of Islam**

### ***...Enlightened By Sai***

*This article was published by Radio Sai's*

*-Heart2Heart, Mar. 2008. I propose to publish extracts from this from time-to-time in future issues.*

The religion of Islam has suffered so much misunderstanding among both adherents and non-adherents alike, and the aim is to clear the mist of these misconceptions in the Light of the Teachings of Sathya Sai Baba.

The Holy Prophet Mohammed Bin Abdullah (Peace be upon Him) just like all the holy ones who have realised the unity of Divinity, never reacted to criticisms because he knew that children do not throw stones at trees that are barren. His life and example were the very message which he preached.

The Prophet used to take a certain route to preach the Message of Allah to the people. Along this route lived a woman whose heart could not take the message of the Prophet. Day and night she was lost in thought brooding and planning how to injure the Holy one. At last she came up with a stratagem. "Although I may not be able to stop him from preaching this strange doctrine, I am going to disturb his peace and ignite

the fire of anger in his heart," she thought to herself.

Even before the rays of the sunrise had entered her windows, she was busy sweeping her house. She carefully collected all the garbage in a basket and placed it on the roof of her house waiting for the Prophet to pass that way as was his custom every day. Her intention was to provoke the Prophet to anger and to disturb his peace so that he can be an object of laugh and scorn to people. Every day she would stand by her window listening for the approaching footsteps announcing the coming of a man dressed in clean white clothes. She would then climb to the roof, taking the basket in her hand and throw the garbage on him as he passed. But to her dismay, the Prophet used to continue on his journey without saying a single word, or looking up to see who was pouring garbage on him. The Prophet was the same in praise and blame.

This routine continued and the woman became more determined to provoke the Prophet (but) he did not want to disappoint the woman and so he continued to walk down the street every day, instead of picking an alternate route and prayed for the woman to recognise the Truth.

One morning, the Holy Prophet did not receive his usual shower of garbage as he was passing by her house. So he stopped and looked up, he did not find the woman on the roof. This worried him because he thought something must have happened to her. So he knocked at her door. "Who is it?" asked a feeble fainting voice. "Mohammed Bin Abdullah" was the reply. "Can I come

in?" The woman was apparently very sick and feared that Mohammed had come to take revenge on her for what she had been doing. But the love she felt in the voice of the Prophet made her allow him in.

Mohammed entered the house and told the woman that not finding her on the roof had worried him and he thus wanted to inquire about her health. On finding out how ill she was, he gently asked if she needed any help. Overwhelmed with the power of love which poured fourth into her soul as the prophet spoke to her, she forgot all her fear and asked for some water. He kindly gave her some and prayed for her health, while she quenched her thirst. She was then gripped with remorse for being so cruel to him in the past, and she apologised for her mean behaviour. Mohammed immediately forgave her and thereafter came to her house every day, cleaned her surroundings, fed her and prayed for her, till she was on her feet again. The kind attitude of the Holy Prophet transformed her totally and through that she recognised the message of Love and Peace which the Prophet preached.

This episode is only a glimpse of the glorious life of Prophet Mohammed (Peace and Blessings of Allah be upon Him). His heart undoubtedly, was an Ocean of Love.

Born in the year 569 AD in the city of Mecca in Arabia, the Prophet became an orphan in childhood. He knew neither the care of a mother nor the protection of a father. And this experience was the first preparation for the child who was born to sympathise with the pain of others. As a boy, he was a cowherd

and looked after his cows with intense Love. This reminds one of Lord Jesus who called himself 'the Good Shepherd' and Sri Krishna who is adored as the Divine Cowherd Boy.

Once while looking after his herd, a cowherd came to him and said, 'I will look after your herd, you go to the town and enjoy yourself. And then you must take charge of my cows and I will then go for a time.' Young Mohammed said, 'No, I will take charge of your herd. You may go, but I will not leave my charge.'

This same principle was shown all through his life.

The Prophet was not learned; he could neither read nor write. Yet he became the repository of all Wisdom because he realised that, which when known, everything is known, and without which all knowledge is a bondage; namely, the knowledge of Allah. To become a perfect model for the fullness of the Divine Message which he carried, the Prophet experienced all aspects of life - as an orphan, a shepherd, a merchant, a warrior, a politician, a King, a husband, a father, a brother, a son and even as a grandson.

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**Avoid hating, envying, or even disliking anyone.**

**Put love into practice through service.**

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*The Sai Rainbow*

*Sri Sathya Sai, Anandadayi.*

Swami announced the secret of His *avatara* during one of the Birthday celebrations. Swami hoisted the flag at Prasanthi Nilayam at 7.30 a.m. and gave a discourse. He stated that the devotees of *Rama* and *Krishna* have taken birth again in the present age. Swami said that He has come to earth again to accept the services of these devotees. He said that one of the reasons for the present *avatara* is to impact bliss to people who are His devotees through the ages!

Once some of the devotees from Mangalore complained, "Swami, *Pujari* Krishnappa does not chant the *mantras* properly. He chants them in a wrong manner. Back in our hometown, there are *panditas* (scholars) who can chant the *mantras* perfectly. We shall bring them here to do the *puja*, if You agree."

Swami asked, "What is a *mantra*? *Mananat trayate iti mantrah* (protects by remembrance and repetition). I am the *mantra*! No need even for any other *mantras* when I am present. Krishnappa is worshipping Me with so much devotion, how can I replace him? Even if he chants improperly, it does not matter. Let him stay here, and let your priests stay where they are."

On another occasion, following the flag-hoisting ceremony of *Dasara* Swami said, "You come across cases where good people leading a virtuous life undergo a great deal of suffering. That is because they have made many mistakes of omission and commission you are not aware of, which is more venomous than snake poison."

"We should not misuse any of the five elements. The five elements are

earth, water, fire, air and sky. These are the five limbs of God. You should use these elements only to the extent necessary. Hurting another human being is the same as hurting God, for both are the embodiments of the five elements. Misuse of *pancabhutas* is the biggest crime. In essence, it is all *Paramatma*. Hence use them carefully. With excessive use of water, you will have difficulty in breathing; with over consumption of energy, you will sustain burns; by the abuse of air, you will get mental diseases.

"It is not correct to aspire for more than one's essential requirements. So also is aspiring for excess pleasure. If you are greedy, you even lose whatever you have in your possession. One should not eat like a glutton and dirty the surroundings. One should not occupy or cultivate land more than what is necessary for sustenance. When you talk or work, do not make loud noise. It must not be louder than necessary for the occasion. Even when taking down vessels, etc., take them gently. Making noise is also a sin. Silence is God."

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**Be assured that Divinity will always be present to protect and establish righteousness, and avert the crisis upon humanity.**

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"He Is My Life!"

*Condensed extract from 'Divine Glory'.*

"He is my life", said Nilo (Nicolette Valderrama) of Mexico, wiping tears as we watched Baba go by in His car at Brindavan. "I always cry when I



see Him, I feel so full, so happy," she said. "I am always happy... Baba has taught me how to be very happy," she said in her soft, slow voice, almost a whisper.

It was in November 1978, in Mexico, that Nico first heard of Sri Sathya Sai Baba, at a time when she was suffering from depression, "I felt I was going under... I had been a happy, lucky woman in life, with a good husband, son, daughter and interested in paintings and photography, etc." However, interest in all these gradually dried up. She developed interest in *hata yoga*, and later Zen and Chinese philosophy, but gradually slipped back into depression. It was then she attended a TM course, where she eventually met Mrs. Muniz, who ran a vegetarian restaurant and had a *guru* in India. She was told that Sai Baba was her *guru*, and that she was going to India to visit her *guru*. Nilo acquired a copy of "*Man of Miracles*" and was so sufficiently touched by it, to decide to go to India.

Her husband, who initially was not in agreement with her plans, decided to join her. It wasn't until their last day that Swami gave them an interview, and gave her a medallion and spoke to her husband who later admitted, "I can feel that He is good. He has a lot of power, but I am not interested."

Nilo made a number of return visits, but not with her husband. She later purchased an apartment in Puttaparthi but because of his disinterest in spiritual matters, they separated, leaving her free to travel to India every year, often with financial strain. She was now free to travel around Mexico giving talks

and showing 8m.m. films on Baba and distributing vibhuti. She was not always welcome to stay in houses after her meetings, and was obliged to sleep in her car!

Nilo was always interested in cooking and, "One day I felt an inner impulse and took up paper and pen. Something inside dictated and I wrote down a recipe that used lots of vegetables and herbs. I had not known that recipe before, nor had I ever cooked it. I did not know why I was writing it down. But when I went to the next village I was astounded. I found some people suffering from skin problems. I found the recipe was essential for aches and told them to cook those vegetables and herbs to clear their skin. I also talked to them about good clean food, about vegetarian food and about health and hygiene. They thanked me so much. How do you explain why I wrote out that recipe out of the blue, unless Swami was guiding me?"

She was now used to sleeping in her car. On one occasion, after leaving a meeting rather late at night she found a tractor stopped in the middle of a narrow road, and was unable to pass. She knocked on the door of a house to ask permission to park her car, to sleep in it, only to be invited inside and given a room for the night. They were very kind and hospitable and became absorbed in Nilo's accounts of Sai Baba of India.

They told Nilo that their tractor went out of order and that was why it was standing in the middle of the road. The breakdown also delayed the harvesting. They couldn't find fault in the tractor, Nilo said she would pray to Swami for help. The

following morning the owner came running in to say he had found the fault and could easily fix it. "I think now I may even begin to have faith in your Sai Baba," the man said. The lady of the house said, "Do you know something? Last night, before sleeping, I prayed to Christ to give me some sign to tell me that Sai Baba was genuine, and Swami appeared in my dream. Now I know that I can have faith in Sai Baba."

Nilo says, "In Mexico I am always busy... so much to do, to be always active, peaceful, and happy. All because of Swami.

"He is my life!" she says with deep joy.

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**Education must open the eyes and enable them to recognise the One behind the many.**

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***"I came with you when you came into this world. I am always within you, above you, below you and around you.***

***I have saved you from many a danger and you did not recognise Me.***

***Father, mother, son, daughter, husband, wife; brothers, sisters, nephews, nieces, cousins, uncles, aunts, grand-parents, grandchildren;***

***I have specially chosen them all for you, so that you will grow together, experience each other and evolve;***

***But not remain attached together forever; for, I take them away one***

***by one, as they fulfill their roles in your life.***

***Friends! They will be with you, so long as you have wealth, position and power; but will vanish even before you lose them.***

***I am still waiting for you totally unchanged, as I was when you came into the world.***

***Come nearer and nearer to me, serve me and be answerable to me and to me alone."***

-BABA - Dec. 1984

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#### Swami's Floral Gift

During a visit to Kodaikanal, Sathya Sai Baba graciously produced a Kurinji flower for a student on the occasion of his birthday.

This flower, which was out of season, is unique in that it only blooms once every twelve years. It is a plant that grows wild like a weed at high altitudes and in open spaces, mainly in Kerala and Tamil Nadu. While it is protected under the Wildlife Act, many of its sanctuaries have been ravaged by fires.

There are 150 species in India alone, of which 40 species are found in the Western Ghats and the Nilgiris, also referred to as the Blue Mountain.

The Kurinji flower is bright purple-blue in colour and will bloom again in 2018 in the Nilgiris, Kodaikanal and Munnar districts in India.

**Peace has to be attained through spiritual efforts, that is to say, through spiritualising every thought, word and deed.**

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**One day**, when he was in Benares, Sage Sankara while walking to the Ganges river with his disciples came across a scholar loudly memorising lessons from a book of (Sanskrit) grammar, Sankara stopped and asked him why he was struggling so hard, "So that I could become a scholar, get invited to a royal court and strike it rich," said the budding grammarian. When asked what for, he replied that he aspired for all this so that he could keep his wife and children happy. Sankara smiled and said (Swami's words): *"O, ignorant fool! Chant the name of Govinda (God). Your knowledge of grammar will not help you in the hour of death."*

What Sankara told the grammarian applies equally well to the scientists of today. Alas, the illusion of the material world is so strong that they are often blind to their misdeeds and the gross misuse they are knowing of the gifts of Nature. In passing, it is worth mentioning that Swami devoted an entire Summer Course to *Bhaja Govindam*.

Most scientists, well-meaning in themselves and ethical in their own way, would bristle at these charges, claiming that they are vastly exaggerated. To them it might seem so because they are committed to their careers, research and what not, and cannot contemplate the extreme step of giving up science for the sake of a principle. Not many of today's scientists would be aware how much

of a loner Einstein was when complaining against nuclear weapons in the late forties and early fifties. Those were the days when science was enjoying a fabulous honeymoon in America, with even the Army, Navy and the Air Force directly funding research of all kinds, including basic research. Hardly anyone said, "This is tainted money and I will not touch it even if I have to starve." On the contrary, the excuse for many was: "I am not doing anything for the bomb. If the Army is prepared to give me money to find out what is in the proton, why should I refuse it?" For others, the threshold was slightly lower: "If the Army wants a new type of infra-red detector and is prepared to pay for the research, why should I object? I don't care if they use it in Vietnam." And so on it went down the line, and continues to do so. The point simply is one of a sliding scale of indifference, and this indifference on the part of those who should know better can be very dangerous for Society.

In conclusion, modern scientists likewise turn a blind eye to many an evil because, as Swami once again said, they have become the servants of Mammon. Jesus remarked that man cannot serve two masters at the same time and has to make a clear choice. Alas, in modern times, the choice seems to be in favour of the devil rather than God.

Source: *"Message of the Lord - as a practical philosophy"*

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**May the whole world be happy.**

-Baba.

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### ***Journey With Sai***

During summer vacations, my sons and other children would ask Swami whether they would pass the exams, Swami would tell them, *"I will not reveal the results. If I tell that you will pass, you will stop studying saying, 'Swami has said I will pass. So I will not study.' If I tell that you will not pass, then also you will stop studying telling, 'When Swami has told that I will not pass, what is the point in studying?' I will only tell you to study sincerely. You will get the just fruits."*

*'Sri Sathya Sai ANANDAYI'* -  
K. Ramamurthy

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