

**2010**

Sathya Sai Service Organisation

Republic of Ireland, Zone 9, Region 91

**SATHYA SAI NEWSLETTER  
NOV - DEC 2010**

## Dear Devotees of Sathya Sai,

Not since the early days of our Organisation, has the Annual Meeting been held outside of Dublin. Sligo, on the north-west corner of Ireland, was this year's venue, and on this occasion it was chaired by our new Chairperson, Jagan Muttumula. He spoke well on aspects of his recent visit to P.N. while a small number of devotees contributed to the interest of the day.

I chose to speak on the higher meaning of the word 'Love', as described by Swami, (see page 7) and made mention of this Satsang as being the twentieth, since its foundation back in 1990.

Marianne Lavelle gave a 'guided' meditation and John and Fionnuala O'Dowd, spoke, and demonstrated, their pet subject 'Education in Human Values', which held those present entranced.

A question and answer session was an informative interval, and Bhajans brought those gathered for the Annual Satsang, together in harmony and love.

I recently spent a welcomed four week rest and visit, to Perth, Australia, and visited their Sai Meetings at the Wembley centre. I also met with their Chairman, Senthirajah, and my good friend and former Chairman, R. Gopalkrishnan with his delightful wife, Victoria, who took me on sightseeing trips around Perth. My sincerest thanks and blessings to them. *Ed.*

## Pilgrim Dormitories blessed By Swami

Swami drove to the western end of Prasanthi to the newly constructed site of the pilgrims' dormitories.

These were built specially for the pilgrims who will be flocking to P.N. for Swami's 85th Birthday. After inspecting the building, Swami drove passed hundreds of men and women lined up to see Him, who waited long hours for the Lord's arrival. He duly blessed all those present and the workforce, as He drove by.

"Each of the triple storeyed dormitories, have twin units holding a capacity of 504 and it is estimated more than 5,300 devotees can be accommodated once the project is completely operational."

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**They alone live, who live for others, the rest are more dead than alive.** - Swami Vivekananda.

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## The Mouse; Lord Ganesha's Vehicle

The mouse is the vehicle of Vinayaka. What is the inner significance of the mouse? The mouse is considered as the embodiment of the sense of smell. The mouse is a symbol of the attachment to worldly tendencies (vaasanas). It is well known that if you want to catch a mouse, you place a strong-smelling edible inside the mouse-trap.

The mouse also symbolises the darkness of night. The mouse can see well in the dark. As Vinayaka's vehicle the mouse signifies an object

that leads man from darkness to light. The Vinayak-principle, thus, means that which removes all the bad qualities, bad practices and bad thoughts in men and inculcates good qualities, good conduct and good thoughts.

- From Swami's *Vinayaka Chaturthi Discourse, 1991.*

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**You may think, "If every moment is spent in the contemplation of God, how is it possible to do our work?" Do not distinguish between your work and God's work. Your work is God's work because you too are God. It is a mistake to think that all that you do in the prayer hall is God's work and outside it is your work. You should not entertain such feelings of separateness.** - BABA.

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**"He Has The Whole World (and the Moon) In His Hands..."**

### **THE POWER OF SWAMI'S DIVINE WILL**

Swami's Will is infinite! Whether He demonstrates it during Divine discourses or during private interviews with devotees.

On one occasion, on a visit to a Mysore sanctuary with a group of students during their summer vacation, a remarkable incident occurred. It was night time and He spoke on the start of creation, from the primordial sound OMKAR, the emergence of the Milky Way, planets, etc. He described in detail how the clouds were formed, - the emergence of the Sun, Moon, etc.

"Isn't the night beautiful, today?" He said. "Yes, Swami", came the reply. "It is blissful here in Your immediate presence. Even the Moon seems to want to make its presence felt, in Your physical proximity," they continued.

Swami looked at the Moon and explained the different features of the Moon, the many craters, and even the rivers flowing on the Moon.

"Rivers on the Moon, Swami?"

"Yes. Why not, don't you know rivers existed on the Moon?" asked Swami.

"But, Swami, this has never been mentioned in any documentaries recorded by astronauts who visited the Moon."

"Oh, that..." replied Swami. "How can they see. They saw with physical eyes. Can their eyes see all that Divinity has created? They did not see, but it is there." After a silence, Swami asked, "Would you like to see all that I mentioned were present on the Moon?"

"Yes, Swami!" the students replied with one voice. Swami rose from His seat and pointed towards the Moon and waved His Hand, and the Moon disappeared from the sky. Before the students could ask what had happened to the Moon, they saw a circular object appear in His Hand. "This is the Moon," He said, "Now clear your doubts about the features of the Moon."

Swami started showing them the craters and rivers on the surface of the Moon. As long as the Moon was in Swami's Hand there was no Moon in the sky. When asked what would

happen when someone looked up and did not find it present as usual, or questioned the disappearance of the Moon all of a sudden, Swami replied, "Nothing happens without My Will. As long as the Moon, which I have reduced in size, to fit into my palm, is in My Hand, no one in the world will dare look up in the sky. I have willed that!"

The students were silent as they tried to grasp the importance of the phenomenon they had just witnessed.

"Has everyone seen it? OK, come closer and see. Ask for doubts, if any."

They could all see the craters, rivers and mountains - all in miniature form. "OK. Now I shall send it back," as He let go of the Moon and thrusting it upwards... and it was once again in its former position in the night sky.

Swami had demonstrated that everything in this universe is functioning in full awareness of Swami, as per His Will.

All that we see is by His Will!

*(This was narrated during the Summer Course of 2000 by Mr. Devson, Faculty Member of the Sri Sathya Sai University)*

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**Every worker in this Organisation must rid himself of the idea of separateness or distinction, between one person and another, on the basis of Caste or Creed, poverty or richness. He must always be eager to share the sorrows - and what is more - the joy of others.**

**My desire is that whenever any slight misunderstanding arises among you, you must set it right among yourselves, exercising love and tolerance. You should not plunge into a passion over it and let others blaze into a quarrel or a factional split. Recognise that you are engaged in the exercise of widening your hearts, of reaching the Feet of the Lord, through the expression of love. Unless you cultivate Love, Tolerance, Humility, Faith and Reverence, how is it possible for you to realise God?**

**At the present time, when we see all over the country, confusion, fear and anxiety, each worker in each centre must contribute his share of cool, calm Love, to suppress the anger and fury. NO Government authority can suppress it effectively and as quickly as you can, by love and brotherliness. -BABA.**

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### **A Gift From Sai Allah**

Some years ago, a Professor in Economics used to visit P.N. every week by taking time off from work. He was a very excellent teacher. One day a Sevalal, who took care of the shoes area, by chance spoke to him of a post in the Law subject in Swami's University.

He applied for the post and being a gold medalist, he thought it would be easy for him to get the job, but was shocked to learn that 1,800 others had applied for the job, from all over the world, even Oxford and Cambridge.

He was disappointed and dejected, until one day he received a letter appointing him, even without an interview. It was Swami Himself who made the selection by simply picking out 12 different posts, and he was amongst the 12 selected!

He never believed in Swami's miracles until one day Swami stopped in front of him and called him for an interview.

**Swami:** *Abdul, you are very good at heart, which is why I love you so much. But you don't believe in how I materialise objects.*

Abdul thought He has never seen me, so how does He know my name and what I think.

**Swami:** *Abdul... tell Me something you want this very moment which you think is impossible to create.*

Abdul: Something which represents all religions and highlights my Islam religion.

**Swami:** *You think you have given Me an impossible task!*

Swami then held His palm before Prof. Abdul's eyes and through its centre came a beautiful Navratna Ring, with some green portion in the centre. Abdul did not understand its significance...

**Swami:** *You are a Muslim but you are ignorant about Islam!*

Abdul was awestruck at the materialisation and the ring fitted his finger exactly and perfectly! While walking out of the Darshan Hall, a Muslim man wished to see the ring and upon seeing it exclaimed, "Oh, my God! The green portion has ALLAH inscribed in Arabic!"

**The Omnipresent Lord, in the form of Krishna served Arjuna as a charioteer. Not only this, but after His work as charioteer was over for the day. He used to take the tired horses to the river and wash them. In that manner He was prepared to work even as a cleaner. At that time, Vyasa looked at the Lord and felt that many great persons did not get the fortune which the horses had at the Divine Hands. – BABA**

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### Swami on Duty

*What exactly is your duty? Let Me summarise it for you.*

**First,** *tend your parents with love and reverence and gratitude.*

**Second,** *speak the truth and act virtuously.*

**Third,** *whenever you have a few moments to spare, repeat the name of the Lord, with the form in your mind.*

**Fourth,** *never indulge in talking ill of others or try to discover faults in others.*

*And, finally, do not cause pain to others, in any form.*

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**Now, I must tell you that during this Sai Avatar, there is no place for even such 'drama' with scenes of failure and defeats: What I Will must take place; what I plan must succeed. I am Truth; and Truth has no need to hesitate, or fear or bend. - BABA.**

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## The Divine Prema Avatar

In 2004, Prof. Anantharaman talked about an experience with Howard Murphet and Swami. "Howard Murphet, then asked what work would Prema Sai do? Sai said, 'He will have plenty of work. Prema Sai will elevate human consciousness to Divine heights. Not only will there be a lot of work but He will also need a lot of help.'

James Sinclair, in 2005, described a series of dreams that, "...went on for years. I saw myself walking up a hill, led by three men in the darkness of night. One was an old man in white. One looked somewhat like Jesus Christ. The one in the middle had an orange robe." Fifteen years later, he described finding a book about Sai Baba, and seeing his appearance, "recognised that the recurring dream had been of Shirdi Sai, Sathya Sai and Prema Sai, walking up the hill, night after night, for many years."

In John Hislop's 'My Baba and I', he writes that Swami materialised a ring for him, with Prema Sai on it. The image of Prema Sai on the ring actually changed its position over the years. "The stone was a cameo of Prema Sai, the loving Lord of Creation, destined to appear on Earth a few years after the death of the Sathya Sai body. It was a brownish stone, highly glazed, sculptured in profile, the bridge and length of the nose visible with a suggestion of the arch of the left eye. It was a noble head with shoulder-length hair, mustache, and beard; the head resting on, or emerging from, a lotus flower. His countenance was tranquil, peaceful, majestic."

Baba said, "He is only now in the process of birth, so I cannot show more of Him. This is the first time He is shown to the world."

"Wherever I go, devotees ask to see the ring... In a year or so, those devotees who had seen the ring sometime earlier, said something surprising on seeing it again. They said, 'It is turning. The whole nose can be seen now.'

"My reply was always, in truth, that I could see no change, but they said, 'You see it every day and do not notice.'

"One day, (in 1980) at a devotee meeting. I was showing the ring, and I looked at it carefully. It struck me, 'It is different! It is changing!'

"Now the entire nose is there and visible, whereas at first the entire nose was not visible... or better to say the nose appeared into the edge of the stone and did not appear to be fully visible. But now there is a space between the nose and the edge of the stone. Moreover, a portion of the eye can be seen and also a portion of the left cheek."

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**You will witness this Puttaparthi becoming Mathura Nagar. No one can stop this development or delay it. I will not give you up, nor can anyone of you give Me up. Even if you lose faith, you will repent and come to this refuge very soon, clamouring for admission. I shall be in this body for 58 more years: I have assured of this already. Your lives are intertwined with My Earthly Career. Act always in accordance**

**with that great privilege.** -BABA.  
(1961)

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**Q.&A.**

**Q.** Why does Swami have more restrictions for women? They do not have easy access to Swami!

**Swami:** Everyone has the same kind of access to Swami. This does not depend on their being men or women. Everyone receives the same grace, depending on his or her devotion, his or her need, or his or her work. Swami may say so, that nevertheless women have more hurdles to overcome when they want to convey something to Swami.

There are times when the man who stands next to Me never catches My attention, as hard as they may try; while a devotee sitting far away in a corner amid a crowd easily catches it. It all depends on who has to receive what and when. Everything happens according to that will, not because of the physical form of man or woman.

Also, these differences are visible to you at your level of consciousness. For Swami, these are not differences that count. The Atma is not different in man or woman. The Atma is eternally conscious, pure and self effulgent. The Atma is neither masculine nor feminine, nor yet neutral. It is only the body that limits, deludes and wears names.

**Q:** What is the principal cause of all trouble and sorrow?

**Swami:** Attachment and ego are the main causes. Jealousy is another factor.

**Q:** How can jealousy be conquered?

**Swami:** By having love for everyone, by thinking of others with love and wishing them well. More than all, by realising that jealousy is physically most harmful. It does damage your internal system and, later on, you will have to suffer the karma of the bad things caused by your jealousy.

**Q:** Swami, what is creation?

**Swami:** Never comprehend creation, it is something Divine and cannot be comprehended. Can you clap with one hand, you cannot, that is creation. There is only One hand in creation and that is God's.

**Q:** Swami, is there reincarnation and rebirth for everyone?

**Swami:** You are reborn now, aren't you? You will be again and again and again. The body is nothing but pure illusion and this illusion will keep on repeating itself on and on until you find the Real Self, Then there is nothing like rebirth and you will be one with the Lord.

**Q:** Swami, what actually is Birth and Death?

**Swami:** Only the body has birth and death, but the body is illusion created by you. So, in actual reality there is no Birth and Death at all.

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**All great people are images of God.** - BABA.

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**Science & Spirituality**

**Conference, New Delhi**

A conference entitled "Science & Spirituality": The Growing Interface, was held at the Sri Sathya Sai International Centre for Human Values, New Delhi, on 31st July & August 2010.

This exquisite conference attracted many eminent speakers who covered such areas as: the theory of everything, the Tao of physics, the organic earth, evolution by design, life after death, ageless body timeless mind, spirituality at the work place, the new age philosophy and the classroom including science education and human values.

Science has come to the conclusion that consciousness is the basic building block of Creation and as such there is a growing convergence between science and spirituality.

Of concern is the major transformation that is taking place in the mind of man. Mankind is beginning to realise that our basic identity is not mind or body but more fundamentally it is the infinite consciousness which is universal and eternal. To become one with this universal consciousness means to transcend duality, i.e., to be unaffected by pleasure, pain or threats to the ego. To realise this higher consciousness, we need to understand our "Higher Self" and have a holistic approach to our developments. The most important of these is to develop a new paradigm for the decision makers of the world, i.e., the paradigm of "integrated wholeness", that we all are ONE.

Each individual has to determine where s/he is at and what his/her potential is. So let us commit to be

truly established in the seat of the soul. There is a beautiful painting of Lord Krishna dancing in the moonlight on the bank of the Yamuna. To dance with God, the Creator of all things, is to dance with ourselves.

Much knowledge and wisdom was shared to the delight of those attending this conference. The paper that I presented was entitled, The New Age Philosophy and the Classroom, which addressed the title from the perspective of the current educational system, scientific discoveries in education, spirituality in education, the interface between science, spirituality and education, new age philosophy, the changing basis of education, making school magical, developing the whole child and the way forward in education. Some of the agreed outcomes pertaining to values education includes the urgent need to have this integrated view of life in the classrooms of the world.

I wish to express my sincere appreciation and gratitude to Mr. Kaw, Lt. Gen. Dr. Chibber and the research team for their world leadership and inspiration in raising universal consciousness.

Rosemary Marron, Director, ISSE Ireland.

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**Who is God? In fact, you yourself are God. Everyone should develop the firm conviction, "I am God". When you develop such firm conviction, there will be no room for ego and hatred. You are God, and your fellow human being is also God. Develop such principle of oneness and equality. When**

**you harm others, you actually harm yourself.** - BABA.

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*(I have been asked to reproduce here the talk I gave at the Annual Satsang, on behalf of those who were unable to attend.)*

### **"LOVE"**

Bhagavan Sri Sathya Sai Baba, is referred to as "The Embodiment of Love". We are told that the Sai Organisation is founded on the five virtuous pillars of "Love, Peace, Truth, Right Conduct and Non-Violence". We all know them and Swami has asked us to live by these tenets of His Teachings.

Equally, we all know what non-violence and peace mean, but how many know what Love is, or what it means?

It is a word used by people in various situations and in mediums such as poems, stories, films, etc. But ask anyone, "What does it mean?" and you will wait in a period of silence for the answer. We have all heard that Swami is referred to as "The Omkar of Divine Love". He has repeatedly said, "My Life is My Message", and "My Message is Love", and equally it has been said that the "Message relates to the precept of awareness of 'Truth of Love as God'".

As I have already stated, I am convinced that most people don't know the true meaning of Love, other than what is presented to us in novels, songs, poems and so forth. One may be tempted to ask how True Love expresses itself. We are aware that Swami answers this by suggesting that it expresses itself in 'service'. Service to others. To quote Swami, "Love grows through service,

- having been born in the womb of service... Such Love melts the hardest hearts and can confer peace, joy and wisdom." This is the Love Jesus spoke of. It is the Love that Mother Theresa poured forth upon the sick and wretched. It is the Love Sai Baba speaks of when He speaks of the Love of God towards man. It is the Love that propels the Sai Organisation throughout the world, into every country on Earth. It is the Love, Swami's Love, that built the Super Speciality Hospitals, the Educational Institutes, the Pure Drinking-Water projects that blessed the city of Chennai, and the 731 backward villages - with over 12.5 million people - with pure water.

While Swami does not attach much significance to miracles, He places great emphasis on Love. Indeed, all His discourses centre around the use of the blessed word *Love*. It is said that 'Sai strategy' is the vehicle to lead man to the Love of the Lord. It is this Love that attracts so many millions of hearts of Sai devotees, from over 150 countries throughout the world, to the oasis of Love - *Prasanthi Nilayam*.

Some people may say that a mother of two children, one sick, with the other well, is partial to one child and prejudiced against the other, in conferring Love. This is not so! The mother is selective in her attention to the child who is unwell, out of Love, but that suggests 'favouritism', as a parent's love is tinged, also, with responsibility.

In an item I read recently being entitled, "Sai Miracle of Love", I saw the following: "Sai is the Miracle of Love incarnated on earth to reform and transform the living kind, and

recycle the Yugas back to Sathya Yuga. That is from human destitution and spiritual degradation, to human excellence and remaking of man into divinity man; from erosion of human values to vigorous practice of Dharma, reaffirmation of Sathya and retransfusion of Prema."

The 'Sai' Principle implying three-fold transformation that is an extension of the Love Principle, i.e. Love which has to be experienced at the spiritual and individual levels, through the process of change in SAI, (S-A-I), as follows:

"S" for Spiritual change, the basis for which is Love, which has to be imbibed by all;

"A" for Association change, or change of attitude to society, i.e. to foster loving relationships and to cultivate sympathy and understanding with fellow beings;

"I" for Individual change, i.e. eschewing bad habits and qualities, so that inherent goodness of man becomes transparent and human personality can blossom.

Since spiritual change cannot take place without changes at the individual and societal levels, Sai Love is showering through miracles to install faith among those concerned. Such miracles of Love take the shape of manifested objects, including rings, necklaces, sacred images, crucifixes, etc., divine visions, and multiple appearances of the Avatar at different places and across the oceans at one and the same time; cures and taking upon Himself, fatal diseases and ailments of others; revival of the dead; instant response to distress calls and above

all correcting, reforming and transforming the wicked and the misguided persons.

The Sai Avatar's supreme task is to bring about spiritual regeneration and to unite the entire mankind as one family through bond of brotherhood and to bring nation by nation under the one umbrella of Love and Harmony.

So, the uniqueness of the Sai Strategy of Love, therefore lies in enabling the man to re-humanise himself through the self-cultural application of values in live situations as under the following;

**Truth** as the ultimate reality or fundamental fact of creation or native human nature;

**Right Conduct** as an essential social ethic to be observed by man as a member of society;

**Peace** as the inner spirit of Fatherhood of God and outer manifestation of Brotherhood of Man;

**Love** as life-breath of man, a tool for peaceful co-existence and a ladder for human emancipation;

**Non-Violence** as an exercise to hurt never, nor cause to hurt ever in thought, word or actions.

Swami says that a true human being is one who practices the Five Human Values. Thus, re-engineering of human values makes gold out of man because of his great faith in God, humanity and spirituality.

The awareness of Love as God and God as Love within and around the man, makes him reshape every thought, word and deed in common

interest. The Sai ethics of 'Be Good, See Good and Do Good', in practice accords him self-cleansing and equanimity-minded poise. By frequently doing right things would make it easier to do right, this habit grows into conscience, says Swami.

He clarifies this saying;

*By doing good thinking and good actions, by watching his thoughts, by introspection and upright behaviour, the man builds up his noble character and forms his high destiny.*

An interesting reference made by Swami recently, touches on the Divine Love that confers Vedic wisdom, i.e. the values of the Head (thought), Heart (speech) and Hands (action).

He also refers to the awakening of the dormant divinity of man - Atma and Conscience - whose soul has been surrounded by the dust of greed, ego, anger and sensuous feelings. And He goes on to state that it paves the way for the higher realisation that man is in fact the crown of Creation, the highest among the living beings and as such he bears great responsibility to all other beings. He has to love them, serve them and save them, for they are his kith and kin, and to be reckoned as equal since they too have the spark of Divinity within them.

Sai Baba says: *Your conscience will tell you whether you adore the majesty of God, whether your hands are moving to help the helpless.*

It is Divine Love that reveals that man has the whole universe within him and that he had all the requisite powers derived from the Divine

spirit. Swami says that man has to discover the hidden treasure of mind, the greatest marvel of the world, and make constructive use of its million cells, which lie dormant and unutilised. While referring to various scientific endeavours including satellites going around the earth, atom bomb, hydrogen bomb, super computers, etc., Swami states: *There is one machine that is more powerful than all these. That is the human body. Man is the maker of all these machines. The marvellous powers of the human body are not recognised by anyone. You should examine your own potentials. All powers are within you: electrical power, magnetic power, the power of light, fire and radiation. Every human being is a computer, a mini generator, a lamp, a radio station."*

It is now time for man to unfold his full potential, especially his true humanness to think and act with selfless Love, compassion and service to his fellowmen.

This is best expressed in Sai's words: *"Love All, Serve All"*.

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**Before performing any action, you should determine whether the action you are performing is good or bad. Perform only good actions. But you speak and act without thinking. As a result, you suffer.**  
-BABA.

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### **Students' Pledge**

Bal Vikas students, reverentially conduct the "Pledge Taking" ceremony, kneeling before their mothers. All students follow in a

similar manner, repeating the words of the pledge as follows:

"On this/most auspicious/Easwaramma Day /I/ as a student of/Sri Sathya Sai Bal Vikas/, do hereby pray/in the Omnipresence/of Bhagawan Baba/to love and serve my Mother/in the following ways:-

To always obey/respect and serve my Mother/ as a living God/who gave me birth/and is bringing me up with affection and care/. Help me/to make my Parents happy/by behaving properly/at all times/both at home and outside,/Further/to love and respect my Motherland Bharat/to the best of my ability/and capacity/so as to enable me/to put into practice/that there is only one caste/that is the caste of Humanity/and broaden my heart/to lovingly embrace/the whole Mankind/as one family./In this manner/I dedicate myself/to follow the ideals of/Bhagawan Sri Sathya Sai Baba/about serving my Mother/and thereby contributing my mite/to the place/, progress and prosperity/of mankind/Sai Ram.

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**Each one of you should transform yourself into a *Sumathi* (a person with a good mind). You must avoid turning into an individual with perverted and polluted intelligence.**

**A huge heap of fuel can be reduced to ashes by a tiny spark of fire. A drop of poison can render a pot of milk totally undrinkable. Envy and hatred are the sparks that destroy the cluster of virtues in you. Be aware! - BABA.**

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### Man of Miracles

**(From: "The Unexplained" - mysteries of Mind, Space & Time, no. 5-Oct. 1991)**

Among the many reports which Howard Murphet collected for his book, is one by Mrs. Nagamani Pourniya, widow of a Government District Transport Officer, who told of a visit she and a small group of followers paid to the sand of the Chitravati river with Sai Baba. Instead of plunging His hands into the sands to produce materialised objects - which is a method He frequently uses - the miracle man simply scraped away sand to reveal statuettes, which then slowly rose out of the sand 'as if driven up by some power'.

This may be hard to believe, but Jesus Christ worked many similar miracles. Indeed, Christians who accept the raising of Lazarus without question should not find it difficult to believe the story of V. Radhakrishna, a 60 year old Indian factory-owner who visited Sai Baba's Puttaparthi headquarters in 1953, in the hope of finding relief from the severe gastric ulcers that were making his life a misery. He was given a room and spent all his time in bed waiting for a visit from Sai Baba. When that came the holy man made no attempt to cure him. He just laughed when Radhakrishna said he would rather die than go on suffering, and left the room without making any promises.

Eventually, the man's condition got worse and he went into a coma. When Sai Baba learned of this, He said to the man's wife, "Don't worry.

*Everything will be alright*". But when there was no improvement next day, the sick man's son-in-law sent for a male nurse who said the patient was now near death and that there was no hope of saving him. An hour later, Radhakrishna became very cold and his family heard what they took to be the 'death rattle' in his throat. Slowly, he turned blue and stiff. When told what had happened, Sai Baba laughed and when He visited the room to see the man for Himself, He left without saying a word.

By the morning of the third day, the body was even more corpse-like, it was dark, cold and beginning to smell of decomposition. Some people advised the family to have it removed, but when Mrs. Radhakrishna told Sai Baba this, He replied, *"Do not listen to them, and have no fear; I am here."*

Eventually, Sai Baba went to the room again and found the family distraught. He asked them to leave and remained with the body for a few minutes. Then He opened the door and called them in. To their great relief and astonishment, they found the 'dead' man conscious and smiling. Next day, he was strong enough to walk, and the gastric ulcers were found to be completely cured, never to return.

But such miracles are said to be the least important part of His work. Indeed, He refers to His psychic phenomena as 'small items'. His real mission is to attract attention to His spiritual teachings - to lead man away from violence and hatred towards compassion and higher consciousness, and to unite many religions. He explains it this way: *"I give you what you want in order that*

*you may want what I have come to give*". And that, He says, is to avert a nuclear holocaust.

But His incarnations as Sai Baba of Shirdi and Sathya Sai Baba will not be enough to achieve that aim. He has already said (that) He will be born again, as Prema Sai, in the 21st century, in order to complete His Mission.

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**I have My definition of the devotion I expect. Those devoted to Me have to treat joy and grief, gain and loss, with equal fortitude. This means that I will never give up those who attach themselves to Me... for I rescue all who worship and adore Me aright.**  
-BABA.

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### Swami's Quotes

The following are two beautiful quotes by Swami:

**I am the Dance Master.**

**I am Nataraja, Prince of dances.**

**You are all My pupils.**

**I alone know the agony of teaching you each step in the Dance.**

This following is couched in the form of a prose lyric in Telugu:

**A granite will turn into dust someday. A sapling may spring from that earth and grow into a tree. Eating the fruit of that tree, a man and wife may bring forth a child into this world. If a granite can evolve into the warm heart of a human child, why cannot man,**

**endowed with a rare tenderness,  
become a Godman?**

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**God has no need for your service...  
The service of man is the only  
means by which you can serve  
God. - BABA.**

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### **The Sai Chakra**

*This is placed in your hands with the  
Compliments and Love, of the Sathya  
Sai Mission, Singapore.*

Ancient Spiritual Truths remain the same even today. Humanity is a creation of the Divine Primordial cosmic energy. Along with it lies the power in human beings to tap that energy through sublime processes revealed by spiritually enlightened people over the ages.

Our lives depend on Plants and Animals, and collectively we depend on the Sun for its solar energy. Without it, life would be impossible and nothing would exist on earth. Sages, Rishis, Prophets, Noble Souls, Avathars, have been teaching humanity the necessity to revere the Sun and to learn from Nature. Spirituality and Science are together contributing to the understanding of life's mysteries.

Today, man has lost his faith in God and is resorting to inhuman actions causing greatest suffering and hardships throughout the world.

At a time like this, the Divine Cosmic Energy (God) takes on a human form to help us overcome our pain, suffering, failures, miseries, misfortunes, negative adverse circumstances and to lead a

righteous life thus gaining positive attitude, prosperity, peace and happiness.

It is His duty to care for us no matter what we are, where we are born, our colour, creed or religion. So what are His formulae that we can understand relate and improve our life in all aspects?

We are within GOD and GOD is within us. In our spiritual heart is the embodiment of this Divine Cosmic Energy in the form of Bhagavan Sri Sathya Sai Baba, Who in His sojourn on Earth, is performing incredible tasks ranging from massive humanitarian projects such as *Free Medical Care, Free Education and Free Water* for millions of needy people, to curing the sick and at times *Raising the Dead* for reasons beyond the comprehension of the human mind. For the masses, He is *Divinity and Love* personified!

Through His Love, Works and Messages translated into basic Principles and Practices that Man can understand, Bhagavan Sri Sathya Sai Baba has repeatedly and thoroughly blessed this SAI CHAKRA for use as a shortcut to the realisation of the Divine Spirit within us and subsequently to enjoy an enlightened life in unison with Divinity, Nature and Humanity.

The SAI CHAKRA embraces major religions known to Man from time immemorial. The constant adoration, contemplation and assimilation of the powers exude by the potentised Yantra (spiritual diagram) would bring untold benefits to the faithful.

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The moment (man) realises God, he comes to know that he and the Paramatma are absolutely one that is God-realisation which means one's identification with the absolute and the highest Self in the world and Beyond.

When one can identify with the highest Self and remain in that state of consciousness at all times, that is God-realisation. -BABA.

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**Shirdi, Sathya, Prema,**

**-they are not separate!**

Swami has stated that His Advents as Shirdi, Sathya and Prema Sai, are not separate, that they are complete oneness of the three in the final objective of the mission, for which He has come. **"The difference is one of quantity and not quality,"** He has said, and goes on to explain, that their powers and tasks requisite to them, differ only according to the time, the situation and the environment, and they belong to, and derive from, one and the same Dharma Swarup, or Divine Body. He goes on to explain:

**"The previous Avatars, Shirdi Baba, laid the base for secular integration and gave mankind the message (that) duty is work. The mission of the present Avatar is to make everybody realise that the same God or divinity resides in everyone. People should respect, love and help each other irrespective of colour or creed. Thus all work can become a way of worship.**

**"Finally, Prema Sai, the third Avatar will promote the evangel**

news that not only does God reside in everybody, but everybody is God. That will be the final wisdom which will enable every man and woman to go to God. The three Avatars carry the triple message of work, worship and wisdom."

This statement was made during His interview with Sri R.K. Karanjia, of 'Blitz' news magazine, in Sept. 1976.

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**When the Divine comes down as Avatar - whether as Ram, Krishna, Matsya, Varah or Vaman - it is only for one purpose. You recognise only the momentary results of the Advent, but you should note that the Divine comes as Avatar only to teach the Truth about Love. - BABA.**

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**Conversation Between Man & God**

**KRISHNA:** Arjuna, do you realise that you have seen what even Rishis and the Devas have not? This vision is a privilege that no austerity can ever earn; and yet, you have been blessed with that. Do you know why? Because you are dear to Me, that is why!

ARJUNA: How fortunate am I to hear from the Lord Himself that I am dear to Him!

**KRISHNA:** Arjuna, as a matter of fact, all are dear to Me, for are they not all My children?

ARJUNA: O Lord, if only all of us would realise that!

**KRISHNA:** That's right, Arjuna; if only man would realise that I am ever ready to help, assist and oblige in every possible way! All that he has to do is to follow My commands, and that would please Me no end. Soon I shall tell you how that can be done.

For now, understand that he who is steadfast in his devotion to Me, who dedicates every action of his to Me, who is free from worldly attachment - such a one would unfailingly come to Me. (After a pause and with much concern) Arjuna, you continue to look pretty dazed; are you alright?

ARJUNA: Lord, what can I say! I came here with a friend and now I am with God!

**KRISHNA:** Arjuna, you seem to forget that God is in fact your best friend! Humans would be friendly to you as long as it suits them but let trouble visit you and these so-called friends would simply vanish! God is NOT like that; He ALWAYS helps and comes to your side even though all others have abandoned you. He alone is your TRUE friend!

ARJUNA: Lord, I want to go back to the question of Lord incarnating on earth. What is the difference between You and Formless God, and You are God with Form?

**KRISHNA:** That is a good question! I am Formless as the Unmanifest Divinity but when I incarnate, I take a Form, restricting Myself to many of the limitations that apply to humans. With a Form, this body of Mind has *Praana* or the life Principle; and with that automatically, certain limitations. I do not have to impose those restrictions on Myself but I do so for the sake of humanity.

ARJUNA: O Lord, You are so compassionate! Can I know something more about this Life Principle?

**KRISHNA:** Sure. This Life Principle is sometimes called *Jiva*, and is an aspect of Creation. My Unmanifest Divinity is the source of this *Jiva*.

Earlier, I described a living person as the *Atma* "trapped" in a cage or the body. The embodied *Atma* or the Individualised Soul is also called the *Jivatma*. Thus, Arjuna, you are a *Jivatma*.

ARJUNA: Krishna, what about You? Are You also a *Jivatma*?

**KRISHNA:** No. I am the *Paramatma* or the Universal Soul!

ARJUNA: What is the difference between the *Paramatma* and the *Jivatma*?

**KRISHNA:** Well, the essential difference is that the *Jivatma* is wrapped up in *dehabhimaanam* or body-consciousness; the *Paramatma* is not.

ARJUNA: What happens as a result?

**KRISHNA:** Thanks to body-consciousness, the *Jivatma* does not quite realise that he or she is God. The day this veil of ignorance drops and the individual realises that there is no difference between that person and God, the *Jivatma* rises to the level of the *Paramatma*.

ARJUNA: So, ignorance makes all the difference?

**KRISHNA:** Indeed it does. I am God and so are you; the difference is that while I KNOW that I am God, you do NOT!

ARJUNA: Krishna, how can You say that? You just told me I am God and I now know that fact.

**KRISHNA:** Knowing that in your head is different from FEELING that in your Heart!

Your tongue may say that you are God, but do you actually FEEL that, in your Heart? Do you, when you see all these diverse forms before you, experience an over-riding sense of Supreme Oneness that wipes out all the superficial differences, fusing everything into one Cosmic Entity?

ARJUNA: I am afraid I do not yet have that feeling.

**KRISHNA:** Well, that means that there is a lot of work ahead of you!

ARJUNA: Krishna, I am not able to see how one can have this feeling of Cosmic Oneness that You are talking about. After all, both You and I are in this world that is so full of bewildering diversity. We just cannot wish it away. In fact, just a short while ago, You asked me to fight Bhishma, Drona and such others. If they are all God, how can I fight with God?

**KRISHNA:** You know, Arjuna, you can make even God get frustrated!

ARJUNA: I am very sorry, but Lord, please understand my pitiable situation! I am very eager to do what You command, but don't You think I should understand what You are asking me to do?

**KRISHNA:** You have a point there. It is this way, Arjuna. You have a Soul and you also have a body. So, you must really function at two levels; and you must function in such a way

that while your body reaches to diversity, the Soul does not!

ARJUNA: That is awfully confusing! What exactly do You mean?

**KRISHNA:** The answer to that is important, and so pay careful attention. Since humans are in this world - and remember God put them there - they have to function in this world; that is point number one.

Point number two: Destiny has put them there and as a result, circumstances might arise where one faces apparent Moral dilemmas. When this happens one should not go around moping or complaining. "O God, why did You do this to me?" and so on. Instead, people must do their duty, as I instructed you earlier.

ARJUNA: You mean they must consult *Buddhi*, follow *Atma-Dharma*, etc.?

**KRISHNA:** Correct.

ARJUNA: Fine, but where do the two levels You talked about, enter into the picture?

**KRISHNA:** Ah, I am coming precisely to that. The best way of answering your question is to recall an incident from My previous incarnation.

ARJUNA: You mean as Lord Sri Rama?

**KRISHNA:** That's right. You will recall that during that incarnation, there came a time when Rama had to wage war with Ravana. Well, during that war, one day Ravana became very tired and was knocked out of his chariot. He fell down and was lying on the ground practically helpless. Do you know what happened then?

ARJUNA: I think I do; Rama asked Ravana go back home, take rest and come back refreshed the next day to resume the fighting.

**KRISHNA:** Arjuna, why do you think Rama did that? Why did He not finish off Ravana then and there?

ARJUNA: You know, Krishna, I have always wondered about that!

**KRISHNA:** No surprise you did; as a warrior, that precisely is what I expect you to do. However, Arjuna, Rama was no ordinary warrior. He was the very incarnation of God and God does things differently! That is what I want you to understand!

ARJUNA: Krishna, please do not keep me in suspense! Tell me why did Rama do something that mortals like me would not.

**KRISHNA:** I sure shall, and this is the point really. You see, Arjuna, Rama was not engaged in war but in punishing Ravana for the latter's misdeeds. When He dealt with Ravana, there was no malice or hatred in Rama's Heart. How could there ever be?

In other words, Rama was dealing with Ravana at two levels. At the level of the body, there was the punishment angle. At the level of the Heart, there was the feeling that Ravana must be corrected, helped and made to realise his mistake; in other words, there was really compassion.

ARJUNA: Let me see if I have got it right. Are You saying that I must fight in this war not with hatred or malice, but merely for defeating the forces of *adharma*, enabling *Dharma* to gain ascendancy thereby? That

while the body may be engaged in fighting, the Heart must see it all as a part of a Divine Play already ordained by the Lord?

**KRISHNA:** by and large you seem to have got it right, which is encouraging! You see, Arjuna there are three things - actions, the thought behind the action and the feeling that inspires the thought. Action performs has to be in the world where one necessarily has to deal with diversity. As for the thought, it does NOT have to be rooted in diversity.

ARJUNA: Why is that?

**KRISHNA:** Because, seeing diversity would merely enhance and aggravate whatever latent tendencies there might be for anger, jealousy, hatred, etc.

ARJUNA: Oh, I see. So, if a person attacks me in anger and I respond with anger, it would soon grow into a diverging spiral, is that it?

**KRISHNA:** That is exactly right. Anger always breeds more anger, hatred always breeds more hatred, and violence always begets more violence. People think they can quench violence with more violence; they might succeed temporarily, but in the long run, there would always be a counter reaction.

ARJUNA: Krishna, is this where *Prema* or Pure Love comes into the picture?

**KRISHNA:** Wonderful! You have got the point! You see, Arjuna, *Prema* is Divine. When the Mind, driven by the Heart, develops selfless and loving thoughts, actions can NEVER have a touch of anger, jealousy, or

hatred. In short, action MUST be in the world, appropriate to the circumstances leading to the action, but the MOTIVATION for the action must be based on ETERNAL considerations - that is what *Atma Dharma* is really all about.

ARJUNA: Is that how the Heart balances worldly action?

**KRISHNA:** Exactly.

ARJUNA: Lord, why don't we think and act like that? We say we love You and yet, there seems to be some problem with our Love; what exactly is that problem?

**KRISHNA:** I am glad you have asked that question. Arjuna, you say you love Me. True; however on close examination, your love would be found to be contaminated with selfishness! My Love never is and that is the fundamental difference.

ARJUNA: Does that mean that Divine Love exists only in You?

**KRISHNA:** Not really. When humans are born, God sends them into the world with a full quota of Divine Love. However, by being careless, humans allow that gift of God to get contaminated; that is the real problem!

ARJUNA: And the Mind is the culprit that causes this contamination?

**KRISHNA:** Absolutely! The Mind is dragged by the senses into the external world, and if humans do not train to see God everywhere in the external world, they would soon forget God. Selfishness, greed, jealousy, etc., then have a golden opportunity to pollute the Mind, and that is how Divine Love, initially

present in humans, starts getting contaminated.

Divine Love is present in every Heart. But when it flows out into the world through the Mind, the senses and the body, it almost invariably gets adulterated. It is this adulterated stuff that appears as attachment between mother and son, as infatuation between husband and wife, as desire between man and worldly attractions, and so on.

ARJUNA: Lord, I agree that Love in man can get polluted but surely the love man has for God is free from pollution.

**KRISHNA:** Arjuna, how I wish what you say is true! I have many types of devotees and in a manner of speaking, they all do love Me. However, everyone comes to Me with his or her own agenda!

ARJUNA: Really?! I never knew that!

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**However high a bird soar, it has sooner or later to perch on a tree-top to enjoy peace and rest. So, too, a day will come when even the most haughty, the most wilful, the most unbelieving and even those who assert that there is on joy or peace in the contemplation of the Highest Self will have to pray, "God, grant me peace, grant me consolation, strength and joy."**  
- BABA.

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